



## Annual report 2022

# Social-bag.com e.V.

### ***Introduction***

In February 2017 we founded our association social-bag.com e.V. to have a platform for activities in the field of development cooperation. The aim of our association is to support people in need through our own projects and actions. We are recognized as a non-profit organization. We work on a purely voluntary basis and are financed by donations, public funding, foundations and campaigns.

The focus is on health and education for girls and women in Kenya. We want to help reduce the alarmingly high maternal mortality rate and improve women's health. Women's health begins when they are girls. We have learned this in recent years and are now starting targeted programs for girls.

Education, preventive care, family planning, prenatal care and vaccinations are among the association's most important areas of activity. Although medical care in Kenya is regulated and financed by the state, many patients cannot even afford to go to the doctor. In addition, many doctors and hospitals demand fees and immediate payment for their services. Women in particular are the main victims of these circumstances; for example, contraceptive advice or prenatal care can hardly be provided.

The number of women who die during childbirth and pregnancy in Kenya is 400 per 100,000 women, one of the highest in the world (for comparison, in Germany the figure is 4/100,000). Especially young women with unwanted pregnancies are most affected by this situation.

The association sends medical staff on short-term missions to Kenya to train local staff, to set up and expand medical structures with partners in the country and to treat the population free of charge as part of short-term medical campaigns (*medical camps*).

Furthermore, we support young girls with educational lessons and equip them with washable menstrual hygiene articles.

We base our work on the standards of humanitarian aid and development cooperation - Core Humanitarian Standard. We base our work on the UN Sustainable Development Goals 1,3,4,5,10 and 17 .

We are a member of the Transparent Civil Society Initiative and comply with its standards.

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The pandemic has been a major hindrance to us in the past, and we will be working in person on site again from the end of 2021.

Our project partners are now vaccinated, as is the European population, and about half of the population is fully vaccinated. (29.09.2022, source Our world in data).

### **Overview of our projects**

In April 2017, we opened the Women's Health Center in Embakasi, a suburb of Nairobi, Kenya. In August 2019, we were able to hand it over into Kenyan hands.

In May 2019, Imela Medical Center opened in Kayole, also a suburb in Nairobi. We support our partner Florence Kioko and also work on joint projects.

Since October 2019, we have been working with James Kibughi. He runs a hospital in Kangemi, also in Nairobi.

In the spring of 2020, we began working with St Tresa`s Olk Medical Center in Gilgil.

In the summer of 2022, we started working with a girls' project in Gilgil.

Since July 2022, we offer a sponsorship project for school and vocational training.

Since November 2022, we have been working with Maasai Health Partners, a Maasai community organization in Talek-Maasai Mara.

We will continue our work in Kenya and thank you for your trust.

**A heartfelt thank you for this!**

### **Organization**

The General Meeting elects the Board of Directors every two years.

The Chairperson is Anke Gaußmann, the Vice Chairperson is Dr. Lars Bohnen.

Other board members: Ileana Pavel, Heide Franke, Christa Löhr and Sabrina Löhr

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## ***The individual projects in the course of 2022***

### **Imela Medical Center**

In May 2019, Florence Kioko opened a small medical center with our support in Kayole, a suburb of Nairobi where mainly poorer parts of the population live. Florence provides outpatient general medicine, prenatal care, contraception, immunizations and pediatrics. We continued the Sexual and Reproductive Health program, which provides prenatal care to marginalized women, in 2022. Each month, four women receive care free of charge.

In 2022, we were again able to offer two free medical camps for the suffering population. In each case, about 350 people received medical care.

Since 2022, our work has also included an educational program for young girls in the surrounding schools.



Li: Florence at a maternity screening. Re: Florence with the team at an awareness campaign.



Li: Educational lessons at the school in Kangemi, Jeminda`s Hospital.  
Below: Preparation for the medical camp



### Jeminda's Hospital

We have been supporting Jeminda Hospital since 2020. The hospital provides outpatient and inpatient treatment in the specialties of general medicine, pediatrics and gynecology. The hospital performs births and minor surgical procedures.

Together with Jeminda Hospital, we organized two medical camps in 2022, which together reached almost 800 people. We also offer a program for uninsured women at Jemindas Hospital for pregnancy and cancer screening, in addition to a program to empower girls with sex education in schools.

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### **St.Tresa`s Olk Medical Clinic**

In spring 2020, we started the collaboration with St Tresa`s Olk Clinic in Gilgil, located about 150 km north of Nairobi in the Rift Valley. Sam NDirangu is the medical director. The hospital offers outpatient and inpatient treatment in the fields of general medicine, gynecology and pediatrics.

He also cares for unintended pregnant women and is involved in interruptions of unintended pregnancies.

We did a one-day medical camp together with Sam in 2022.

### **Nyatehi Self Help group**

In 2022, we began working with this self-help group of female teachers, also based in Gilgil in the Rift Valley. The teachers counsel girls on sexual health, prevention of infections, and prevention of unwanted pregnancies. We supported their program and provided 105 girls with menstrual hygiene products for six months.



### **Talek Medical Center**

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In November 2022 we met with two members of the newly founded association Maasai Health Partners and planned our future cooperation. There will be regular medical camps, a prenatal care program for women, an education project for girls and a stop malaria program. As part of this program, we will distribute mosquito nets to expectant mothers and provide anti-malaria medication.



Above: our mobile ultrasound scanner

Right: Mama Evelin (left) and Mama Eunice (right)

## ***Socialrun***

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Our event Benefizlauf Socialrun could take place again in May 2022 after a break of 2 years. In wonderful weather, more than 100 runners came to the beautiful Baiersröder Hof and engaged themselves for the good cause.

This year there was a supporting program with an exhibition of pictures by Dr. Lars Bohnen, lecture and to relax the soul music of the band Vibes`o` five and tarte flambée of the Ott family.



### ***Finances and transparency***

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All outreach costs are donated by participants, they are NOT funded by donations to the projects.

The administrative work is done on a voluntary basis in Germany, therefore the administrative costs consist only of costs for account management and association advertising (flyers etc).

### Financial Report social-bag.com e.V. 2022

**01.01.2022-31.12.2022 Account balance on 01.01.2022 € 16,832.87**

<b>social-bag.com e.V. Revenue 2022 in €</b>			
Monetary donations		9843,79	
Donations in kind		6581,56	
Foundations		0	
Charity run socialrun		2492,4	
Federal funds		0	
Fines		0	
Membership fees		828	
Other		112	
<b>Total</b>		<b>19857,75</b>	
<b>social-bag.com e.V. Expenditures 2022 in €</b>			
Deployment costs		6581,56	
Costs women's health centers		14536,71	
Costs sponsorships		650,42	
Administrative expenses		35,45	
Other		256	
Socialrun		1603,36	
<b>Total</b>		<b>23663,5</b>	
		<b>-3805,75</b>	

**Account balance 31.12.2022 € 13,027.21**

### Outlook 2023

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At the end of 2022, our mobile US device finally arrived in Nairobi. With it, we can now train all partners in ultrasound diagnostics. In 2023, the three girls' projects will be expanded and a new girls' project will start in Talek. With these projects, we support the sexual and reproductive self-determination of girls and women. We finance contraceptives, prenatal care and expensive medicines.

The Talek Medical Center will be our fourth partner and will receive support in expanding and setting up the outpatient clinic, there will be a stop-malaria program there and, in addition to the regular medical camps, there will also be programs for women and girls just as with the other partners.

**Please continue to help us support people in Kenya through donations or membership in the association. Health care is a human right! 1 € costs the medication for a patient or a vaccination for a child.**

Membership is possible from 36 €/year. Membership fees and donations are tax deductible, we are recognized by the tax office Hanau as a non-profit organization.

**Asante sana (Kiswahili: THANK YOU)**

Anke Gaußmann, Christa Löhr, Ileana Pavel, Dr Lars Bohnen, Heide Franke, Sabrina Löhr

Board of directors social-bag.com e.V.

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